



1133 W. Sycamore St.  
Willows, CA 95988  
530-934-1800

## Health Survey Questionnaire for Glenn Medical Center

1. How would you describe your overall health?

- Excellent                       Very Good                       Fair                       Poor

2. Please select the top three health challenges you face.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Cancer                       | <input type="checkbox"/> High blood pressure     | <input type="checkbox"/> Mental health issues                |
| <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Stroke                  | <input type="checkbox"/> Alcohol overuse                     |
| <input type="checkbox"/> Overweight/obesity           | <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Drug addiction                      |
| <input type="checkbox"/> Lung disease                 | <input type="checkbox"/> Joint pain or back pain | <input type="checkbox"/> I do not have any health challenges |
| <input type="checkbox"/> Other (please specify) _____ |  |  |

3. Where do you go for routine health care?

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Physician's office           | <input type="checkbox"/> Health department | <input type="checkbox"/> Emergency room                       |
| <input type="checkbox"/> Urgent care clinic           | <input type="checkbox"/> Other clinic      | <input type="checkbox"/> I do not receive routine health care |
| <input type="checkbox"/> I would not seek health care |  |   |

In what community do you receive this care? \_\_\_\_\_

4. Where would you go for emergency medical services if you were able to take yourself?

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Physician's office           | <input type="checkbox"/> Health department | <input type="checkbox"/> Emergency room                       |
| <input type="checkbox"/> Urgent care clinic           | <input type="checkbox"/> Other clinic      | <input type="checkbox"/> I do not receive routine health care |
| <input type="checkbox"/> I would not seek health care |  |   |

In what community do you receive this emergency service? \_\_\_\_\_

5. Are there any issues that prevent you from accessing care? (check all that apply)

- Cultural/religious beliefs
- Don't know how to find doctors
- Don't understand the need to see a doctor
- Fear (e.g., not ready to face/discuss health problem)
- Lack of availability of doctors
- Language barriers
- No insurance and unable to pay for the care
- Unable to pay co-pays/deductibles
- Transportation
- Other (please specify) \_\_\_\_\_

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6. What is needed to improve the health of your family and neighbors? (Check three.)

- |   |  |
|---|--|
| <input type="checkbox"/> Healthier food           | <input type="checkbox"/> Job opportunities                       |
| <input type="checkbox"/> Mental health services   | <input type="checkbox"/> Recreation facilities                   |
| <input type="checkbox"/> Transportation           | <input type="checkbox"/> Wellness services                       |
| <input type="checkbox"/> Specialty physicians     | <input type="checkbox"/> Free or affordable health screenings    |
| <input type="checkbox"/> Safe places to walk/play | <input type="checkbox"/> Substance abuse rehabilitation services |
| <input type="checkbox"/> I don't know             | <input type="checkbox"/> Other (please specify) _____            |

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7. What types of health screenings and/or services are needed to keep you and your family healthy? (Check up to five.)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Blood pressure              | <input type="checkbox"/> Emergency preparedness       | <input type="checkbox"/> Nutrition          |
| <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Exercise/physical activity   | <input type="checkbox"/> Prenatal care      |
| <input type="checkbox"/> Cholesterol (fats in blood) | <input type="checkbox"/> Falls prevention for elderly | <input type="checkbox"/> Quit smoking       |
| <input type="checkbox"/> Dental screenings           | <input type="checkbox"/> Heart disease                | <input type="checkbox"/> Suicide prevention |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> HIV/AIDS & STDs              | <input type="checkbox"/> Vaccinations       |
| <input type="checkbox"/> Disease outbreak prevention | <input type="checkbox"/> Routine well checkups        | <input type="checkbox"/> Weight-loss help   |
| <input type="checkbox"/> Drug and alcohol abuse      | <input type="checkbox"/> Memory loss                  | <input type="checkbox"/> Eating disorders   |
| <input type="checkbox"/> Mental health/depression    | <input type="checkbox"/> Other (please specify) _____ |   |

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8. What health issues do you need education about? (Please check up to five.)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Blood pressure              | <input type="checkbox"/> Emergency preparedness       | <input type="checkbox"/> Nutrition          |
| <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Exercise/physical activity   | <input type="checkbox"/> Prenatal care      |
| <input type="checkbox"/> Cholesterol (fats in blood) | <input type="checkbox"/> Falls prevention for elderly | <input type="checkbox"/> Quit smoking       |
| <input type="checkbox"/> Dental screenings           | <input type="checkbox"/> Heart disease                | <input type="checkbox"/> Suicide prevention |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> HIV/AIDS & STDs              | <input type="checkbox"/> Vaccinations       |
| <input type="checkbox"/> Disease outbreak prevention | <input type="checkbox"/> Routine well checkups        | <input type="checkbox"/> Weight-loss help   |
| <input type="checkbox"/> Drug and alcohol abuse      | <input type="checkbox"/> Memory loss                  | <input type="checkbox"/> Eating disorders   |
| <input type="checkbox"/> Mental health/depression    | <input type="checkbox"/> Other (please specify) _____ |   |

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9. Where do you get most of your health information? (Check all that apply.)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Doctor/healthcare provider | <input type="checkbox"/> Hospital           | <input type="checkbox"/> Church group           |
| <input type="checkbox"/> Facebook or Twitter        | <input type="checkbox"/> Internet           | <input type="checkbox"/> School or college      |
| <input type="checkbox"/> Other social media         | <input type="checkbox"/> Library            | <input type="checkbox"/> TV                     |
| <input type="checkbox"/> Family or friends          | <input type="checkbox"/> Newspaper/magazine | <input type="checkbox"/> Worksite               |
| <input type="checkbox"/> Health department          | <input type="checkbox"/> Radio              | <input type="checkbox"/> Other (please specify) |

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10. What additional health services need to be offered to meet health challenges in your community?

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11. Please choose all statements below that apply to you.

- I exercise at least three times per week.
- I eat at least five servings of fruits and vegetables each day.
- I eat fast food more than once per week.
- I smoke cigarettes.
- I chew tobacco.
- I use illegal drugs.
- I abuse or overuse prescription drugs.
- I have more than four alcoholic drinks (if female) or five (if male) per day.
- I use sunscreen or protective clothing for planned time in the sun.
- I receive a flu shot each year.
- I have access to a wellness program through my employer.
- None of the above apply to me.

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12. Which of the following preventive procedures have you had in the past 12 months?

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Mammogram (woman)        | <input type="checkbox"/> Pap smear (woman)        | <input type="checkbox"/> Flu shot               |
| <input type="checkbox"/> Prostate screening (man) | <input type="checkbox"/> Cholesterol screening    | <input type="checkbox"/> Vision screening       |
| <input type="checkbox"/> Hearing screening        | <input type="checkbox"/> Cardiovascular screening | <input type="checkbox"/> Colon/rectal exam      |
| <input type="checkbox"/> Bone density test        | <input type="checkbox"/> Blood pressure check     | <input type="checkbox"/> Dental cleaning/x-rays |
| <input type="checkbox"/> Blood sugar check        | <input type="checkbox"/> Skin cancer screening    | <input type="checkbox"/> Physical exam          |
| <input type="checkbox"/> None of the above        |   |   |

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13. How can Glenn Medical Center better meet your health care needs?

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14. Optional: What is your gender?

- Male       Female

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15. Optional: Which category below includes your age?

- |                                   |                                |                                |
|-----------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> Under 18 | <input type="checkbox"/> 18-29 | <input type="checkbox"/> 30-39 |
| <input type="checkbox"/> 40-49    | <input type="checkbox"/> 50-59 | <input type="checkbox"/> 60-69 |
| <input type="checkbox"/> 70-79    | <input type="checkbox"/> 80-89 | <input type="checkbox"/> 90+   |

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16. Optional: What is your highest level of education?

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> K-8 grade        | <input type="checkbox"/> Some high school | <input type="checkbox"/> High school graduate   |
| <input type="checkbox"/> Technical school | <input type="checkbox"/> Some college     | <input type="checkbox"/> College graduate       |
| <input type="checkbox"/> Graduate school  | <input type="checkbox"/> Doctorate        | <input type="checkbox"/> Other (please specify) |

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17. Optional: Do you have health insurance?

- |                              |                             |   |
|------------------------------|-----------------------------|---|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> No, but I did previously |
|------------------------------|-----------------------------|---|

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18. Optional: Do you need a Primary Care Physician? (Family Practice/Internal Medicine). If so, please provide your contact information at the end of the survey.

- |                              |                             |
|------------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No |
|------------------------------|-----------------------------|

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19. Are you in need of a health specialist? Please check all that apply and include your contact information at the end of the survey.

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Cardiology                   | <input type="checkbox"/> Obstetrics            | <input type="checkbox"/> Thoracic surgery |
| <input type="checkbox"/> Electrophysiology            | <input type="checkbox"/> Bariatric/Weight loss | <input type="checkbox"/> Vascular surgery |
| <input type="checkbox"/> Orthopedics                  | <input type="checkbox"/> General surgery       | <input type="checkbox"/> Oncology         |
| <input type="checkbox"/> Neurology                    | <input type="checkbox"/> Gastroenterology      | <input type="checkbox"/> Plastic Surgery  |
| <input type="checkbox"/> Neurosurgery                 | <input type="checkbox"/> Urology               | <input type="checkbox"/> Pain management  |
| <input type="checkbox"/> Colorectal                   | <input type="checkbox"/> Oncology              | <input type="checkbox"/> Wound healing    |
| <input type="checkbox"/> Gynecology                   | <input type="checkbox"/> Breast Health         | <input type="checkbox"/> Sleep Disorders  |
| <input type="checkbox"/> Other (please specify) _____ |  |   |

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Please list any areas in which our service could be improved.

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Please share any additional comments.

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**Personal Information**

Providing the following information is optional.

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First Name	Last Name	Gender	Age
<hr/>		<hr/>	<hr/>
Address	City	State	ZIP Code
<hr/>		<hr/>	<hr/>
Email	Phone		

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Would you like someone to contact you regarding your responses on this survey?

Yes |  No

Thank you for taking the time to fill out our survey.