



New Medicare Cards

The cards will automatically be mailed to all 58 million current beneficiaries. New Medicare cards arriving in April will no longer display Social Security numbers, a move designed to protect against fraud and identity theft. Identity theft has been on the rise among those age 65 and older. According to the latest figures from the Department of Justice, the number of cases reached 2.6 million in 2014, up a half million incidents in just two years. Scams relating to the new card are already surfacing. Some Medicare recipients report getting calls from scamsters who tell them that they must pay for the new card and then ask them for their checking account and Medicare card numbers. Don't give out either number. Anyone saying they are going to charge you for a card is a scammer. In the case of Medicare, they will never need you to tell them what your card number is because they already know it. Be aware!

~ ~ What's Happening at GMC ~ ~

Platinum Club for Seniors

The Platinum Club is a free hospital-sponsored program for all Glenn County residents 60 years of age and older. Seniors are invited to attend these monthly presentations with their friends and neighbors. Please join us on **Thursday, January 18th**, in the GMC large conference room at 9:00am for a delicious breakfast provided by our Dietary Department. At 9:15, we will be having an important presentation by **Dawna Keolanui** and **Gino Poli**, both from Glenn Medical Center. They will be speaking on an appropriate topic for our group - **"Fitness for Every Age"**. Please **RSVP to Deborah at 934-1881** to make sure we have enough seats and treats for all. This will be very helpful for all of us!

About Our Presenters

Those of you who frequent our facility will know that Dawna Keolanui is our Imaging Services Director and Gino Poli is our Information Technology Manager - but, they also have other talents! Dawna teaches a fitness/cardio class here in town and Gino is a personal trainer certified with American Muscle & Fitness. They are anxious to share with our Platinum Club group some different exercises and tips to improve circulation as well as strength, encouraging a healthy lifestyle through "mini" workouts that can be performed at home, even while sitting in a chair. Too old? No way - you're never too old to get fit!

GMC Announces our New General Surgeon!

Glenn Medical Center is happy to welcome Dr. David Skeeahan to our staff of medical professionals. He is a Board Certified General Surgeon who graduated with a BS in Biology from the University of Utah, and the Kirksville College of Osteopathic Medicine in Kirksville, Missouri. He is the Wound Care Director at Sutter Auburn Faith Wound Care Center, and is owner of Sierra Pacific Surgical in Carmichael, along with being a partner in Access Surgical Care Group in Roseville. Here is a partial list of procedures and surgeries that Dr. Skeeahan is able to perform here:

- Hernia
- Sphincterotomy
- EGD
- Hemorrhoidectomy
- Fissurectomy
- Sigmoidoscopy
- Lump & bump excision
- Cholecystectomy
- Biopsy
- Colonoscopy

Call 934-1832 today to schedule your appointment. Medi-Cal, Medicare and most private insurances are accepted. New patients are welcome; however, a referral will be needed from your primary provider.

Feeling sickly? We'll see you quickly!

Glenn Medical Center - Changing the way you receive healthcare with same day appointments. We're here when you need us!



This institution is an equal opportunity provider and employer.

Glenn Medical Center - providing quality healthcare right here at home for 65+ years!