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GMC News

It's Almost Here!

Don't miss out on the opportunity to attend Glenn County's largest social extravaganza of the year. Glenn Medical Foundation invites everyone to the Splendor in the Valley event on Saturday evening, September 9th. This year's headliner is the fabulous **Maria Muldaur & Her Red Hot Bluesiana Band**. The event will once again take place at the Worthington Family's Big ~W~ Ranch near Orland - tickets are going fast. As of this printing, some tickets were still available on Glenn Medical Center's website at www.GlennMed.org.

Feeling Sickly? We'll See You Quickly!

At Glenn Medical Center, we're changing the way you receive healthcare with same day appointments. We're here when you need us. Even after hours, our Emergency Department is always open to serve you.



This institution is an equal opportunity provider and employer.

~ ~ What's Happening at GMC ~ ~

Platinum Club for Seniors

The Platinum Club is a free hospital-sponsored program for all Glenn County residents 60 years of age and older. Seniors are invited to attend these monthly presentations with their friends and neighbors. Please join us on **Thursday, September 14th**, in the GMC large conference room at 9:00am for a delicious breakfast provided by our Dietary Department. At 9:15, we will be having an important presentation by Casey Newark, from Interim Health Care, and Stacey Campbell, from Healthy Living at Home. Their discussion will be **"The Difference Between Home Health and Home Care."** Please **RSVP to Deborah at 934-1881** to make sure we have enough seats and treats for all. Please come!

Provider Spotlight

Glenn Medical Center is fortunate to have a Podiatrist in our Specialty Clinic for our patients. With almost 40 years of experience, **Redge M. Hawley, DPM**, is a specialist who provides medical diagnosis and treatment of foot and ankle problems, as well as care for injuries of the foot, ankle and heel. Podiatrists are in demand more than ever today because of a rapidly aging population. Foot disorders are among the most widespread and neglected health problems affecting people in this country. Diabetics are especially vulnerable to foot problems. How can you take care of your feet? Inspect them every day, and seek care early if you do get a foot injury. Make sure your health care provider checks your feet at least once a year - more often if you have foot problems or have diabetes. Call or see your health care provider immediately if you have cuts or breaks in the skin, or have an ingrown toenail. Also, tell your health care provider if your foot changes color, shape, or just feels different (for example, becomes less sensitive or hurts). If you have corns or calluses, Dr. Hawley can trim them for you. He can also trim your toenails if you cannot do so safely. Because people with diabetes are more prone to foot problems, a foot care specialist may already be on your health care team. If you are having problems with your feet, or are a diabetic and haven't had your feet checked in a while, call Dr. Hawley at 934-1820 to schedule an appointment. You'll be glad you did.

Did You Know???

GMC has an on-site sleep center offering advanced technology in a comfortable home-like setting for overnight sleep testing. We provide prompt scheduling and test results. Our comprehensive sleep services include: clinical sleep examinations, treatment and consultations for adults and children age three and above. A Polysomnography Technologist performs clinical sleep exams which are then read and rated by a neurologist. Appointments can be made, with a referral from your provider, at 934-1820. Everyone deserves a good night's sleep.

Glenn Medical Center - providing quality healthcare right here at home for 65+ years!